

THANKSGIVING

REFLECTION WORKSHEET

To assist you in your reflection, here's a printable version of the worksheet mentioned in the blog. Print it out or use it digitally to guide your introspection.

1. Achievements

Major Milestones

- _____
- _____
- _____

Skills Developed

- _____
- _____
- _____

2. Challenges Overcome

Obstacles Faced

- _____
- _____
- _____

Solutions Implemented

- _____
- _____
- _____

3. Lessons Learned

Key Takeaways

- _____
- _____
- _____

Personal Growth

- _____
- _____
- _____

4. Future Goals

Short-Term Goals

- _____
- _____
- _____

Long-Term Goals

- _____
- _____
- _____

Action Plans

- _____
- _____
- _____

5. Gratitude & Motivation

Express Gratitude

- _____
- _____
- _____

Motivational Quotes

- _____
- _____
- _____

